

MOVING FROM MEDIOCRE TO MAGNIFICANT

By: Cadillac Sr. Sales Director Marni Hendricks

What will you regret not doing in your life if you continue as you are now?

When you are older sitting on your sunny porch in your automated, back massaging rocking chair reflecting back on your life, will you wish you had done anything different?!? Will there be any opportunities you wanted to take but did not, any great ideas you let float away, or any important dreams you let go unfulfilled? If we want to have no regrets at the end of our lives, that means we must live each day of our life with no regrets.

Many people ask me how I “am so happy all of the time!” Every morning when I wake up, I know I have a choice. I can choose to have a good attitude, live in the moment, and make the most of the day, or I can choose to have a poor attitude and feel stressed out by anything and everything. In fact, I literally say two things to myself every morning.

The first thing I say is, “This is the day the Lord has made! Let us rejoice and be glad!” Second, I say, “Congratulations! Today is your day! You’re off to great places, you’re off and away! You’ve got the brains in your head, the feet in your shoes, you can steer yourself any direction you choose! Oh the places you’ll go!”

Every day, every moment we have a choice, a choice to be fully who we want, who we dream to be or pretend that we are less magnificent than our true selves. YOU are responsible for making sure YOU are served up a full helping in life. No one else can go to the buffet line for you, you won’t get what you want if you let anyone or anything else select the main course of your life! I have found that the ticket to living a life of magnificence and a life of no regrets is proactive living. This fulfilling lifestyle involves doing what you want to do, going where you want to go, being who you want to be. You know you are living and working without regrets when you are fully engaged, alert, alive, and enthusiastic and in action in your life.

When you are proactive in your life, problems are seen as possibilities and obstacles are seen as opportunities to learn. What could be possible for you if you were living a proactive life in every area of your life? Would you travel through Europe on a bike, start a new business, or go back to school? God does not give you the ability to dream a certain dream without giving you the ability to make it happen! The only thing standing between you and a life without any regrets is YOU! Think about your life—in what areas are you proactive and in what areas do you need a jolt to get you going? Here is your jolt!!

Make the commitment to be proactive! One of my mentors taught me that there are two different types of pain we can choose to feel—there is the pain of discipline, and then there is the pain of regret. I will never forget the day I make the decision to live every area of my life out of discipline. If we discipline ourselves today, tomorrow we will have no regrets! This is the only life you have! Tolerate nothing! Is there a health challenge you are not addressing or a relationship you have long outgrown? If you are not being proactive in life, you are being reactive. Reactive living will surely lead to a life of mediocrity!

There was a study done in which 50 people over the age of 95 were asked one question: “If you could live your life over again, what would you do differently?” It was an open ended question and a multiplicity of answers came from these eldest of senior citizens. However, three answers constantly reemerged and dominated the results of the study.

These three answers were—

“If I had it to do over again, I would reflect more.”

“If I had it to do over again I would risk more.” And

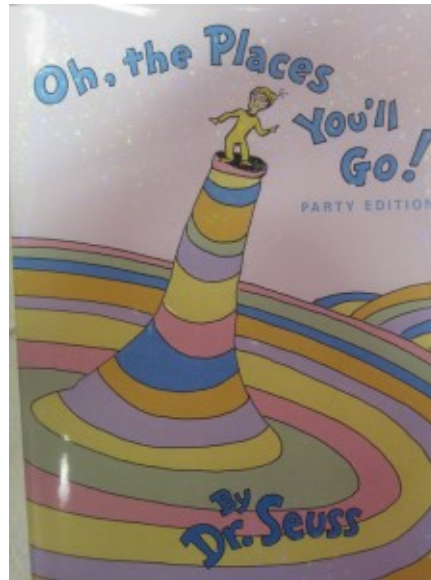
“If I had it to do over again I would do more things that would live on after I am dead.”

Let’s all make the decision to commit to proactive living! Let’s make the decision to live out of discipline and tolerate nothing! Let’s reflect more, risk more, and do more things that will live on after we are no longer here.

Challenge for the week! It is proven that we become like the five people we spend the most time with. Make a list of five proactive people you are acquainted with that you believe live life proactively. These are the people you want to spend time with, collaborate with, pioneer with, and play with!

Will you be one of those people sitting in your rocking chair thinking, "I wish I had," or will you be saying, "I'm glad I did!"

Discipline yourself today so that tomorrow you have no regrets!



Congratulations! Today is your day! You're off to great places, you're off and away! You've got the brains in your head, the feet in your shoes, you can steer yourself any direction you shoes!